Volume 48



March, 2023

Mountainview Animal Hospital SPRING NEWSLETTER

GETTING YOUR PET SAFELY TO SEE US!

Sequester your cat to a small room like the bathroom before bringing out the carrier, avoid the chase around the house.

Cats should be resting comfortably in their carrier before being placed in the vehicle. Like cats, small dogs can get in the carrier indoors and be carried to the car.

The floorboard behind the passenger seat is the most secure location for a small pet carrier.

When transporting your cat or small dog in a carrier. minimize movement. If possible, support the carrier from the bottom, with one side resting against your chest, as if you are carrying a fragile gift. This helps your pet to feel more secure and ensures that he isn't eve to eve with other animals as you walk into the lobby of the veterinary hospital.

Walk bigger dogs to the car on leash and secure them using a seatbelt harness or in a large crate.

Cool or warm the car to a comfortable temperature before putting your pet inside.



REDUCING STRESS FOR PETS AND THEIR FAMILIES

Mountainview Animal Hospital has always worked hard to provide the best care for our clients and their pets. We're proud that our team members are constantly evolving with veterinary medicine and are committed to looking after both your pet's physical and emotional wellbeing. A few years ago we became part of an impactful initiative known as Fear Free, which is designed to ease the fear, anxiety, and stress some pets experience while at the veterinarian. While most of our furry friends are more than excited to come visit us and eat all our cookies, for some pets and their owners, going to the veterinarian can be worrisome. We want all our pets to enjoy coming to see us. Here are a few tips to get us all started on our journey to Fear Free:

It starts at home: The right cat carrier and departure plan can make a big difference in reducing the stress for both pet and family. See these links for more ideas. https://www.cevaconnect.com/cms/wp-content/uploads/2020/04/GCTV12.pdf https://www.fearfreehappyhomes.com/your-cats-vet-visit-begins-at-home/

Waiting area: We have divided our waiting area into cat only and dog spaces. Cats generally don't like it when the dogs get their cold wet noses up their private little bums. You also have the option of waiting in your car with your pet until you are texted or called to come in, or be taken right into the exam room for more privacy.

Got treats? Bring your dog or cat in hungry because our veterinary team members will be handing out many small but delicious treats throughout the visit to welcome your pet, distract them from procedures, and reward them. Always let us know if your pet has allergies. Better yet if they have treats they love from home you can bring some along!

Our pheromone diffusers around the clinic emit calming substances into the air.

A little extra help? If needed, we can prescribe anti-anxiety or other calming medications or supplements to help make the car ride and the visit more enjoyable and less frightening for your pet. This would be equivalent to our human clients getting a little whiff of nitrous oxide at the dentist, anti-anxiety medication for fearful flyers, or that glass of wine to get you through the annual work party (③). As long as you can promise us that your pet will not operate a vehicle on their way home.

Budget plenty of time to avoid feeling rushed. If you are stressed, your pet will sense this and may become stressed too. If you are calm, happy and relaxed, your pet will be too.

TIME WITH TUX

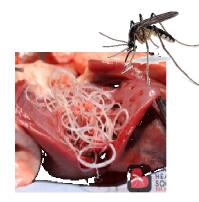
Fear? Pfff, I have no fear. Well, except to Dr. Ewing's old dog Bear, and needles, and blood tests, and especially when my food bowl is empty. Hmmm.... Perhaps I do need that glass of wine and a few extra treats!



SPEAKING OF FEAR FREE

It is parasite season yet again. Read on to learn how to have a Fear Free parasite season.

BE AFRAID, VERY AFRAID!



THE HELLION HEARTWORM & THE DEMON MOSQUITO

The Heartworm is a slender worm growing to almost a foot in length. This guy literally strikes fear in the hearts of dogs. It can cause damage to the heart, the lungs, the liver and can even cause death. It has been stopping hearts for decades. The sinister heartworm sneaks its way in by using the flying demon mosquito to travel from dog Your courageous dog. to veterinarian can hunt down this devilish worm by using a small sample of blood from your dog. If we find Heartworm, many harsh and expensive medications, and a lot of veterinary care will be needed to take it out. Beware, the battle to kill Heartworm can be deadly to the host dog as well. Don't despair! Heartworm disease can be prevented. Annual blood testing and monthly medication just might The best time to hunt for do it. Heartworm is in the spring, and prevention is throughout the summer from June 1st until November.

For more information on heartworm disease: www.heartwormsociety.org



THE VAMPIRE TICK & INVADING LYME BACTERIA

The tick starts as small as a speck of dust and like a true vampire grows as it feeds off its host's blood. Once it's done, it continues its wrath by leaving behind the feared bacteria that causes Lyme disease. The tick lies in wait in tall grass and the leafy material under trees, ready to ambush innocent folks and their pets. While it does not like a deep freeze, the tick will start attacking as soon as the temperature reaches 0'c. Look for the tick around the ears, neck, groin and armpits of your pets. While this vampire is not killed by garlic or a cross, it is vulnerable to medication. To stop the wrath, our dogs and cats need this medication from March to December. Fortunately, the ticks monstrous partner Lyme disease can be detected with the same blood test that detects the Heartworm. Warning, some of the medications available to our dogs can be toxic to cats, so best to consult your fearless veterinarian.

For more info on Ticks: ticktalkcanada.com and mountainviewanimalhospital.ca/

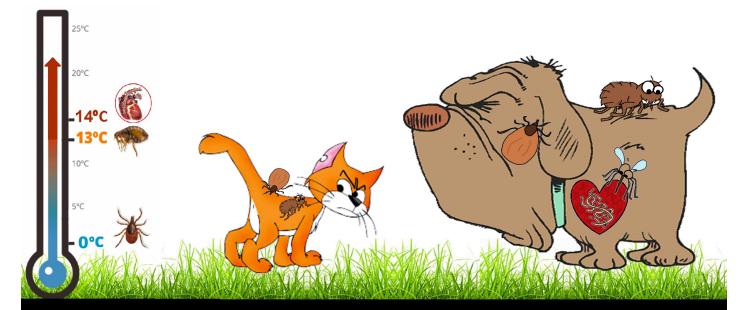


THE BLOOD SUCKING FLEA & THE THIEVING TAPEWORM

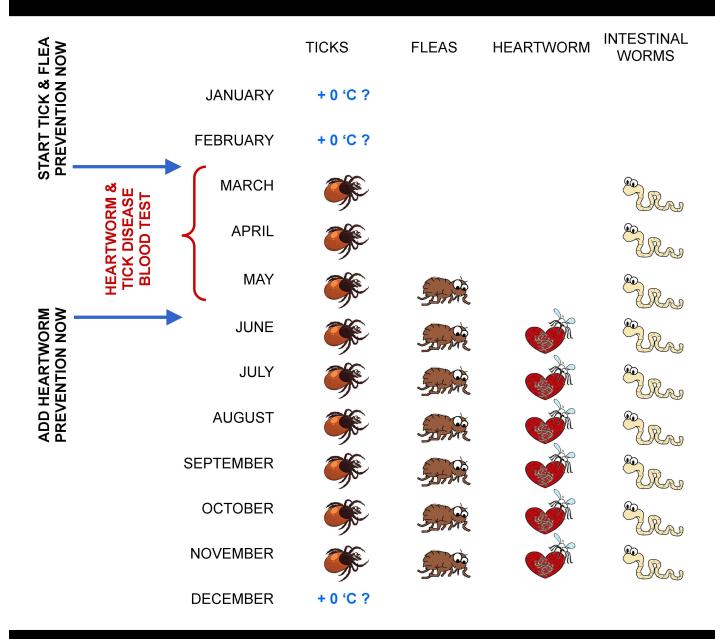
The flea is one of the founding members of "Monsters Inc.". This blood sucker has been making our pets itch for eons. One female flea can lay thousands of eggs, and the resultant larva haunt your sofa, carpets and beds. Once they have invaded your home, they can take months to exorcise. If that wasn't scary enough, the flea often brings a friend, the Tapeworm. These two really drain the host. While the flea drinks all your pet's blood, the tapeworm invades the intestinal tract where it robs your pet of precious nutrients. Fear not my friend, there is prevention. Some of the medications that prevent the other horrors will also deter the Flea. Warning, some of the medications available to our dogs can be toxic to cats so best to consult your battle ready veterinarian.

For more information on the Flea: mountainviewanimalhospital.ca/ library

Call Us Today For A Fear Free Parasite Season!

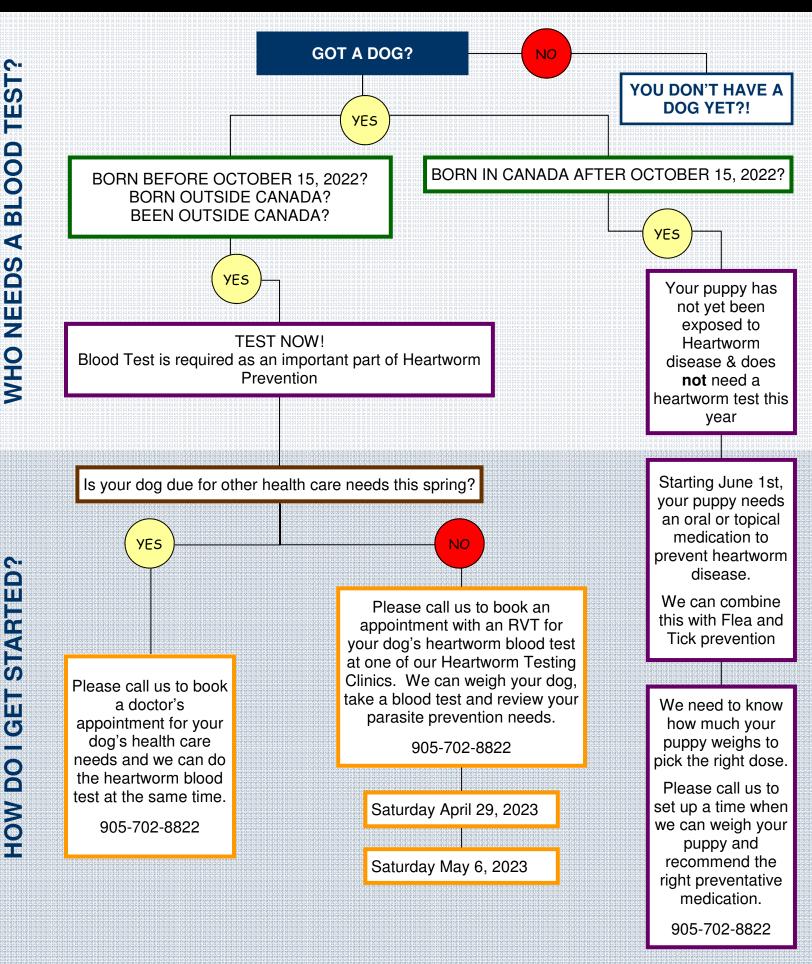


THE BUGS ARE BACK & THEY'RE HUNGRY



PREVENTION IS EASIER THAN THE CURE

DOES MY DOG NEED A HEARTWORM (4Dx) TEST?



WE CAN HELP WITH THE RIGHT PLAN!