



Mountainview Animal Hospital

Dr. Stephanie Ewing BSc., DVM and Associate

WHEN SHOPPING FOR YOUR PETS, USE MyVETstore

It seems every year, I set my alarm clock 30 minutes earlier so I can get more done each day. Unfortunately, it is getting to the point where I'm just getting more sleep deprived and not more productive. So, now I'm trying to embrace the old adage "work smarter, not harder" For me, this meant trying out the online shopping at the grocery stores. I order my groceries online, someone at the store shops for me, and all I have to do is pick it up. I can even have the groceries delivered to my home if I want.

In fact, I liked the idea so much, that we have introduced online shopping for our clients through Mountainview Animal Hospital: [myVETstore](#).

Now, you can shop for your pet's food, litter, treats, toys and more through our web store. And just like shopping at the grocery store, you can choose to pick up your order at the clinic, or you can have your order delivered straight to your house.

You can even order your pet's medications through myVETstore. The medications will still have to be pre-approved by a veterinarian and they can only be picked up at the hospital, they will not be delivered to your home.....still safety first! But now you can put the request through online at any time, from anywhere. And for some medications, that your pet is taking long-term, several prescriptions can be pre-approved and set to auto-order, so you never forget, and don't run out.

The Auto-Order feature is fabulous. You can set the system to automatically notify you to reorder food, litter, treats and certain medications at preset intervals. If you accept the reminder, your item is automatically ordered and delivered to either your home, business, cottage or to our hospital, depending on your presets. And, for those pets eating any of the Royal Canin diets, auto-ordered food is discounted by 5%.



We also love the support we can provide for you through myVETstore. While most items are open to shop for any of our clients, some of the items on the store have been restricted for approval first. This is done so we can make sure the product (usually medications and supplements) are safe and not contra-indicated for pets with pre-existing conditions. It's just one more way we try to look out for the wellbeing of your pets.

It is Sunday night at 6:43 pm and I just finished ordering my cat food and all my pet's Christmas present through myVETstore.

It was so easy. Let's go over how it's done.



Hey mom,
I need more
food & treats.
And maybe that new
toy I was admiring.
Pretty
Please!

Save Time, Order Online!



Why Order From Our WebStore?

- Available 24/7
- **Home delivery available**
- **SAVE with Auto Orders**
- Over **3,500 products** to choose from!
Browse through diets, treats, toys, litter, grooming products and more!

Step 1 - Visit our online store at www.myVETstore.ca/mountainview and request to be registered. You'll soon be on your way to spoiling your pet!

Step 2 - Once you receive your welcome email, complete the registration process by creating your password.

Step 3 - Login to www.myVETstore.ca/mountainview using your email and password and start shopping!

Done! - It's that simple

OR

Call the Hospital - One of our receptionist will be happy to help you with your registration and order set up. 905-702-8822

Register Today!

Be assured that your information will be kept confidential and will not be sold or shared with anyone.

The Bottom Line

Over the last 17 years 15 children have been born to women working here at Mountainview Animal Hospital. Of those children 10 have been boys and only 5 have been girls. Dr. Ewing is thinking of having the clinic water tested.

We would like to say Congratulations to the families of our most recent Mountainview Animal Hospital babies!

And welcome to all the new baby boys!

WHAT'S NEW AT MOUNTAINVIEW ANIMAL HOSPITAL

Lindsay returned from her maternity leave in September. She now has two happy healthy boys...busy mom. Since Lindsay was gone we had introduced the new Rapport Communication System, but it did not take her long to master the new software.

Dr. Wick is just over half way through her maternity leave for the second time. She and her husband welcomed another son.

Gabriella, one of our part-time receptionists, just left us for a year's maternity leave. Her second son was so eager to join the world, that he came two weeks early. In fact, Gabi was in labour during the baby shower we threw for her and Dr. Ahola.

That's right, Dr. Ahola was also pregnant. Many clients have been surprised to hear that she just left us for her year's leave; she hardly looked pregnant. We have seen the baby so we know the pregnancy was real ;) Dr. Ahola also had a boy. We know being a new mom can be overwhelming, but Dr. Ahola certainly has many women here at the clinic to seek advice on how to raise boys!

TICK SEASON

With November's snow, tick season finally came to an end for the year. This year we saw even more ticks than last year. We are also seeing more of Deer tick, also called Black Leg Tick or *Ixodes scapularis*. This is the tick that we worry most about carrying Lyme Disease.

For the past few years we have included testing for the tick spread diseases of Lyme, Anaplasma and Ehrlichia when we blood test dogs for the Heartworm parasite. Until this spring, the dogs that tested positive for any of these diseases had history of travel outside of Ontario. This year, we had two positive Lyme disease tests in dogs that had never left the province and one positive tick that had been picked up in Georgetown. This means that we must become more vigilant and practice more prevention for our dogs, outdoor cats, and ourselves next tick season.

Watch for information updates on fleas, ticks and heartworm disease in our newsletters and on our Facebook page.

FOCUS ON SENIORS

Where does the time go? For those of us that have experienced an aging pet it seems like it was just yesterday that they were puppies and kittens. Because their lives are so much shorter than ours, time really does seem to fly. After eight years of age, they can become at risk for developing chronic kidney disease, thyroid disease, diabetes, arthritis, heart disease, failing vision and hearing, and a general sense that their bodies become weaker. Sometimes, our first instinct is to reject these negative thoughts and focus on how cute and feisty they still are; but denial only prevents us from dealing with reality. Instead we can choose to be vigilant and to focus on all of the things we can do to make their senior years happy, healthy and enjoyable for the both of you. This winter we will focus our attention on senior wellness. Our Facebook and Instagram posts, our next newsletter and our in-clinic programs will be designed to encourage WELLNESS for our maturing pets. Together, we can make the second half of their lives as fun as the first.

GRAIN FREE DIETS

In July 2018, the FDA announced that it had begun investigating reports of Canine Dilated Cardiomyopathy (DCM) in dogs eating certain pet foods, many labeled as "grain-free," which contained a high proportion of peas, lentils, other legume seeds (pulses), and/or potatoes in various forms as main ingredients

We have enclosed the most recent link for our clients to understand the ongoing investigation and dog foods linked to the development of Canine Dilated Cardiomyopathy. As always if you have any questions regarding your pet's diet please call our team, they would be happy to answer your questions.

<https://www.fda.gov/animal-veterinary/news-events/fda-investigation-potential-link-between-certain-diets-and-canine-dilated-cardiomyopathy#cases>

TIME WITH TUX

The Bottom Line

Christmas
Countdown
Where does the
advent calendar
tradition come
from?

Answer: While
the religious
advent season
celebrated by
Christians
technically
starts four full
weeks before
Christmas, the
celebratory
advent
calendars most
folks use today
usually begin on
December 1,
and date back to
the 19th
century. The
tradition was
first started by
German
Protestants who
lit candles every
day during the
month of
December,
according to
Mental Floss.

So I almost did it! I almost got to go on a trip. Every day I see these cats come and go from here in that little box with a handle. I hear some of the other cats complaining, but to me it looks like fun. It's a box, what cat doesn't like to hide in a box. The humans pick it up and carry it around, what cat doesn't like to be lazy and get served by the humans. And when you get to the other side, it's a whole new adventure. I keep sneaking in to one of those carry boxes but I get caught every time. Until the other day. You should have seen me, I was so stealth. Dr. Ewing was treating this pretty little female feline in the treatment area, and her dad had her carry box in the reception area. The door was open and he was not paying attention. I dogged left, then right, snuck in and then lay there so quietly; those humans had no idea I was in the box. As if this was not exciting enough, the pretty little female came back and unknowingly, she was put into the box right on top of me. Woohoo! An adventure and a girlfriend, and the humans still don't realize I'm in the carry box! And then, she tattled on me....meowing and hissing at me like she did not appreciate my presence in her cat carrier. Pff, some cats can be so sensitive.



Needless to say, my plot was foiled and my adventure ended. But you know what they say: "if at first you don't succeed, try, try again"

HOLIDAY HOURS



Dec. 24th – Christmas Eve: Open 9:00 am – 12:00 pm

Dec. 25th – Christmas Day: Closed

Dec. 26th – Thursday: Closed

Dec. 31st – New Years Eve: Open 9:00 am – 12:00 pm

Jan 1st – New Years Day: Closed

Unless otherwise specified here, Mountainview Animal Hospital will be open during its regular office hours. Animals in the hospital over the holidays will receive the same great care and attention as always. For those patients requiring emergency care over Christmas and New Years, the Emergency Veterinary Clinic on Hwy 10 will be open to serve your pet's medical and surgical needs. You can call ahead at 905-495-9907 or go directly there. The Emergency Veterinary Clinic is located on the south east corner of Highway 10 and Wexford Rd, just one block north of Bovaird (Highway 7).

*From all of us at Mountainview Animal
Hospital,
we wish all of you
A Very Merry Christmas,
A Joyous Holiday Season
and
A Happy New Year*

